

*Helping you make time
for what matters most.*



1-800-222-8335 to access your Consultation and Referral Service, any time, any day.

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Child Care • Adoption • Parenting • Education • Elder Care • Daily Living

**WORK-LIFE CONSULTATION
AND REFERRAL SERVICE**
An Employee Benefit



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Because your employer understands that we all have personal responsibilities to deal with, they have enlisted a Work-Life Consultation and Referral Service that puts you in touch with reliable resources. Simple and easy to use, it provides you telephonic access to trained Work-Life Consultants who can help you get the answers you need for your caregiving, education, wellness, financial or daily living issues. All at no cost to you.

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HOW DOES IT WORK?

You will access the service calling the toll-free number listed above. A Work-Life Consultant will converse with you and help you identify the types of resources that best meet your needs. The consultant will then contact service providers to confirm that they will be a match for your criteria. Within 12 business hours, your consultant will send you 3-5 provider profiles, booklets, and tip sheets related to your search. Because you are best qualified to determine the personal compatibility of a particular provider or resource, the decision process is always yours.

WHAT KIND OF ASSISTANCE IS AVAILABLE?

Our comprehensive service includes consultation and referral for a wide spectrum of work-life issues including:

Child Care and Parenting

- Group or Family Child Care
- In-Home Care: Nanny and Au Pair Placement
- Back-Up Care
- School-Age Care
- Summer Camps (Resident, Day, Specialty)
- Parenting Classes and Support Groups

Older Adult Care

- Community Agencies
- Senior Housing Options
- Respite Care
- In-Home and Companion Services
- Legal/Insurance issues

Adoption

- International and Domestic Agencies
- Adoption Support Groups
- Adoption-Related Legal Assistance

Education

- K-12 Public and Private Schools
- Higher Education
- Post High School and Vocational Programs
- Financial Aid/Scholarships
- Tutoring Programs

Daily Living

- Home Maintenance and Repair
- Pet Care Services
- Entertainment
- Community Volunteer Opportunities
- Errand Services
- Emergency Services

Legal/Financial

- Attorneys
- Debt Counselors

